

# COTTAGES & GARDENS

## 5 Dazzling New Developments Around the Country to Know About with Incredible Wellness Amenities

January 22, 2025 by Annika Holmberg

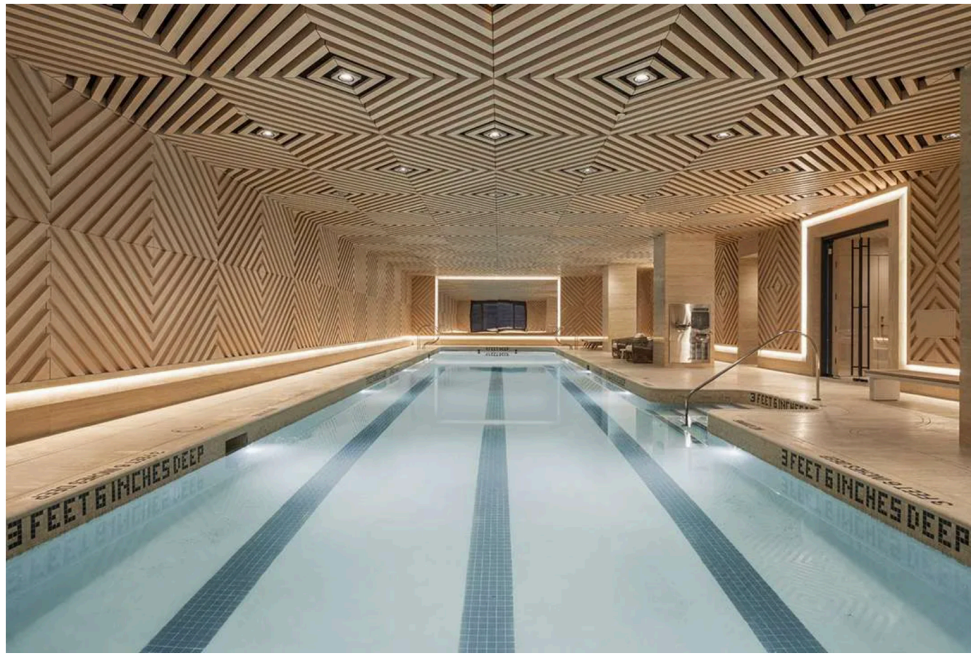


Photograph: The Boundary

Each January, wellness is front-of-mind for many with fresh New Year's Resolutions or overall goals for healthier, less stressed and more balanced lifestyles. But, diving into unsustainable routines is not the way to accomplish this. Making your direct environment wellness-oriented is the real game-changer and many homebuyers have caught onto that. Developers have, too.

Whether it's a cold plunge you long for, sweating it out in the sauna, or group fitness classes, luxury residential developments all over the country are upping the ante when it comes to wellness amenities. From the mountains of Colorado to the sunny beauty of Biscayne Bay, these five properties are all putting wellbeing at the forefront for their lucky residents.

## 96+ Broadway



Photograph: Evan Joseph

In New York City's charming Upper West Side neighborhood, a Thomas Juul-Hansen-designed new development boasts 23 stories of sophisticated condos, as well as immaculately designed amenity areas. An easily accessible pool is rare in New York City, but 96+ Broadway offers a 75-foot saltwater pool, complete with wall-to-ceiling geometric Hemlock paneling and travertine flooring. The fully-equipped wellness center boasts all-new workout machines, and even a pilates room fitted with reformers. Post-workout, one can take to the spa suite for a moment in the sauna or steam room. Rounding out the amenities is a regulation squash court where you can get competitive with your neighbors or visitors all year.

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