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TRENDS, UNITED STATES — 4 MINS AGO

New Year, New You: How Developers Are Redefining Wellness In 2025

by [Haven Team](#)



77 Greenwich | Evan Joseph

“New year, new you” is a familiar phrase, but in 2025, many are committed to ensuring their wellness goals endure beyond January. For those looking to sustain this lifestyle shift, an increasing number of buildings nationwide are embracing the same commitment.

Developers across the U.S. are integrating wellness-focused features into residential spaces, fostering healthy lifestyles for homeowners. With high-end wellness amenities becoming a sought-after aspect of modern living, these developments offer tangible benefits that attract discerning buyers. As we move

into the new year, let's explore some standout wellness innovations and the developers leading the charge in 2025.

Unique Sports Courts & Facilities

Sports courts add an exclusive layer of wellness offerings, providing residents with private venues for physical activity and competition. Certain developments go beyond the norm, creating specialized courts to cater to residents.

At 96+Broadway in Manhattan, residents enjoy a regulation squash court that doubles as a basketball space.

Meanwhile, The Henry on the Upper West Side offers a variety of athletic amenities, including a two-lane bowling alley, half-court basketball and pickleball court, and rooftop bocce ball court. In South Florida, The Residences at Shell Bay stands out for racket sports enthusiasts, featuring seven Grand Slam-caliber European clay tennis courts, four pickleball courts, and two padel courts, as well as a basketball court and batting cages.

For an innovative winter twist, One Williamsburg Wharf in Brooklyn has introduced New York's first private outdoor ice skating rink. Situated on a rooftop terrace, this unique amenity showcases breathtaking views of the Manhattan skyline and East River.



One Williamsburg Wharf | Courtesy of Naftali Group

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